



# What to Bring List

## Personal

- Bible
- Personal family health insurance card (Required)
- Release Form
- Participant's Form
- Towels & washcloths
- Pen or pencil
- Notebook/journal
- Personal toilet articles (comb, soap, toothbrush, deodorant, etc.)
- Plastic bags for soiled clothing

## Clothing

- Sturdy shoes or work boots (No sandals on work projects)
- Sturdy clothing (Long sleeve shirt and pants are required for work)
- Rain gear
- Hat or visor
- Work gloves
- Light jacket
- Slacks or nice jeans and shoes for church
- T-shirts with sleeves (guys and girls: no midriff tops or tops with spaghetti straps, including dresses)
- Socks & underwear
- Shorts (evenings only, no short-shorts)

## Bedding

- Pillow
- Sleeping bag or Air mattress (twin size only)
- Sheets/blanket

## Optional

- Safety goggles
- Insect repellent
- Chapstick
- Suntan/burn lotion
- Kleenex
- Camera
- Sunglasses
- Band-aids

## Additional

There may be additional items such as general tools once work projects are defined. You will be notified of these after you register.